

Weekly Specials

Shortrounds Grab & Go Market Hours

Monday - Friday 9am-7pm

Saturday 9am-5pm

Sunday 10am-3pm

195 Kinderkamack Road, Emerson, NJ



More Salads, Sandwiches, Wraps & Breakfast Platters On Full Delivery Menu!

Week of October 28th

All deliveries are made to order

SALADS

Chicken Milanese Salad \$14

Baby Arugula, Crisp Breaded Chicken Cutlet, Grape Tomatoes, Cucumbers, Carrots, Red Onion & Balsamic Dressing

Grilled Chicken Cobb Salad \$15

Spring Mix, Grilled Chicken, Fresh Sliced Avocado, Grape Tomatoes, Cheddar Cheese, Crisp Bacon, Hard Boiled Eggs, Cucumbers & Blue Cheese Dressing

Eggplant Bruschetta Salad \$14

Baby Arugula, Crisp Breaded Eggplant, Seasoned Tomatoes, Diced Fresh Mozzarella & Balsamic Vinaigrette

Tortellini Pasta Salad .5 lbs \$6

Barley with Mushroom Salad .5 lbs \$5

SOUPS

Chicken Noodle

Vegetarian Barley

Cream of Mushroom

Beef & Red Bean Chili

BOWLS

Low Carb Lunch Bowl \$12

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Blackened Chicken Bowl \$15

Seasoned Quinoa, Blackened Chicken Breast, Homemade Israeli Salad, Sliced Avocado, Roasted Sweet Potato & Lemon Basil Aioli

Greek Bowl \$15

Homemade Greek Salad Topped with Seasoned Grilled Chicken Breast, Feta Cheese, Grape Leaves, Toasted Pita, Crisp Romaine Lettuce & Oregano Vinaigrette

SNACKS & DESSERT TREATS

Tomato Bruschetta & Crostinis \$8.99

Vegetable Crudite Box w/Ranch Dip \$8.99

Homemade White Chocolate Chip Brownie \$4

Homemade Cranberry Bread \$3.50

Fresh Fruit (16 oz) \$6

PANINIS

New York Roast Beef Panini \$13

Our House Roasted Beef with Roasted Onions, Melted Swiss Cheese, Russian Dressing on Grilled Flatbread

Italiano Panini \$13

Thinly Sliced Grilled Chicken, Pesto Sauce, Roasted Red Peppers & Melted Fresh Mozzarella on Grilled Flatbread

Palermo Panini \$13

Thinly Sliced Grilled Chicken, Sundried Tomatoes, Sliced Prosciutto, Honey Mustard Dressing, Melted Provolone Cheese on Grilled Flatbread

SANDWICHES

The Cavo \$14.50

Fried Chicken Cutlets, Cheddar Cheese, Bacon, Buffalo Sauce, Caesar Dressing on a Hero

The Godfather \$15

Thinly Sliced Roast Beef, Melted Mozzarella Cheese & Homemade Gravy on a Garlic Toasted Hero

Roast Beef Sloppy Joe on Focaccia \$12

Roast Beef, Cole Slaw, Russian Dressing, Cheese on Focaccia Bread

Fresh Turkey & Avocado \$12

Turkey, Avocado, Baby Spinach, Tomato & Lemon Basil Mayo on Multigrain Bread

Fresh Italian \$13.50

Ham, Salami, Fresh Mozzarella Cheese, Lettuce & Tomato on a Hero

Buffalo Chicken & Bleu Cheese Wrap \$11

Buffalo Chicken Cutlet, Hot Sauce & Blue Cheese Rolled in a Plain Wrap

EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Shrimp Po' Boy, Herb Roasted & Blackened Salmon Meals & More!

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party