

Weekly Specials

Shortrounds Grab & Go Market Hours
Monday - Friday 9am-7pm
Saturday 9am-5pm
Sunday 10am-3pm
195 Kinderkamack Road, Emerson, NJ



More Salads, Sandwiches, Wraps & Breakfast Platters On Full Delivery Menu!

Week of March 31st

All deliveries are made to order

SALADS

Grilled Chicken Cobb Salad \$15

Spring Mix, Grilled Chicken, Fresh Sliced Avocado, Grape Tomatoes, Cheddar Cheese, Crisp Bacon, Hard Boiled Eggs, Cucumbers & Blue Cheese Dressing

Chicken Milanese Salad \$14

Baby Arugula, Crisp Breaded Chicken Cutlet, Grape Tomatoes, Cucumbers, Carrots, Red Onion & Balsamic Dressing

Southwestern Chicken Salad \$15

Spring Mix, Grilled Chicken, Avocado, Grape Tomatoes, Cucumbers, Cheddar Cheese, Tortilla Strips & Lime Cilantro Vinaigrette

Israeli Couscous .5 lbs \$5

Spinach Bowtie Pasta Salad .5 lbs \$5.50

SOUPS

Chicken Noodle

Cream of Mushroom

New England Clam Chowder

Vegetarian Lentil With Fresh Spinach

BOWLS

Low Carb Lunch Bowl \$13

Blackened Chicken Breast, Sauteed Asparagus, Broccoli, Cauliflower & String Beans Served with Lemon Basil Aioli

Blackened Chicken Bowl \$16

Seasoned Quinoa, Blackened Chicken Breast, Homemade Israeli Salad, Sliced Avocado, Roasted Sweet Potato & Lemon Basil Aioli

Quinoa Burrito Bowl \$16

Seasoned Quinoa, Grilled Chicken Breast, Black Bean & Corn Salsa, Sliced Avocado, Shredded Cheddar Cheese, Pico de Gallo & a Lime Wedge

APPS, SNACKS & DESSERTS

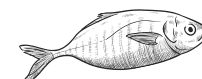
Spinach Dip & Marble Rye Bread \$8

Tomato & Fresh Mozzarella \$6.99

Homemade Walnut Banana Bread \$3.50

Cookies & Cream Dessert Cup \$3.99

Fresh Fruit Mix (16 oz) \$6



EVERY FRIDAY IS SEAFOOD FRIDAY!

Shrimp Salad, Low Carb Salmon Bowl, Fresh Flounder, Shrimp Po' Boy, Blackened Salmon & More!

PANINIS

New York Roast Beef Panini \$13

Our House Roasted Beef with Roasted Onions, Melted Swiss Cheese, Russian Dressing on Grilled Flatbread

Blackened Chicken Panini \$13

Our Cast Iron Blackened Chicken, Roasted Red Peppers, Lemon Basil Mayo, Melted Fresh Mozzarella on Grilled Flatbread

Napolitano Panini \$13

Sliced Breaded Eggplant, Roasted Red Peppers, Baby Arugula, Homemade Fresh Mozzarella, Balsamic Glaze on Grilled Flatbread

SANDWICHES

Hot Muenster Special \$14

Crisp Breaded Chicken Cutlets, Muenster Cheese & Honey Mustard on a Garlic Toasted Hero

Hot BBQ Pulled Pork Hero \$15

BBQ Pulled Pork, Melted Cheddar Cheese & Sauteed Onions on a Hero

Vin & Tom Hero \$14.50

Breaded Chicken Cutlet, American Cheese, Crisp Bacon, Lettuce, Tomato & Mayo on a Hero Roll

Classic Ham & Swiss \$10

Thinly Sliced Ham, Swiss Cheese, Lettuce, Tomatoes & Mayo on a Kaiser Roll

Chicken Salad B.L.T. \$11.50

Homemade Chunky Chicken Salad, Crisp Bacon, Lettuce & Tomatoes Served on Multigrain Bread

Honey Turkey & Provolone Wrap \$11

Honey Turkey, Provolone, Romaine Lettuce on a Whole Wheat Wrap

Local Delivery: Monday - Friday 10:00am - 3:00pm

Orders Taken Online Only: www.shortroundscatering.com -> Lunch Orders for Delivery

Delivered Directly To You By Us, Not A Third Party